



Li-Ving well Newsletter

ISSUE 02 SPRING 2018

Li-Ve Tasmania provides genuine person-centred support to people living with disability in Tasmania.

www.livetasmania.org



Li-Ve
TASMANIA

Zeroed brainpower



Based in New Zealand, the Institute for Strategic Leadership (ISL) offers executive development and organisational transformation in Australasia, South East Asia and Europe. As part of their strategic leadership program, participants study a real business. They then make recommendations as to how the business might overcome obstacles and not just survive but also thrive.

Li-Ve Tasmania seized the opportunity to allow participants of ISL to use our organisation as their case study.

In July, I travelled to New Zealand with Rachael Jansen, Manager – Human Resources and Sue Leitch, Chair of our Board. We presented to the 20 CEOs and executive managers completing the course, so they could understand the challenges and opportunities facing Li-Ve Tasmania.

The business experts from Australia and New Zealand then worked intensively in small groups to brainstorm the best way forward for our organisation.

As you would expect with this calibre of brainpower all zeroed in on our business, we have come away with many powerful and enduring insights into Li-Ve Tas – from strengths and weaknesses to ideas and strategic opportunities for both streamlining and expanding the organisation.

Over the coming months and years, our leadership team will use these ideas to lift Li-Ve Tasmania to new levels of effectiveness and resilience.

A handwritten signature in black ink, appearing to be "P. Byrne", with a long horizontal line extending to the right.

Paul Byrne
CEO

Welcome to our new CFO

Chief Financial Officer (CFO), Chris Oddie, is taking a strategic approach to creating value across Li-Ve Tasmania.

Chris Oddie, our new CFO joined the Li-Ve Tasmania Senior leadership team at the beginning of August.

Chris is an experienced CFO, commercial and general manager with a Chartered Accounting background. He's worked in a range of industries, including supply and logistics, professional advisory, financial services and agriculture. He's brand new to the disability sector but he's learning fast.

'The NDIS is both complex and dynamic,' says Chris. 'There's a lot to get my head around but management and staff at Li-Ve Tasmania are being very generous with their knowledge and expertise. I have a great team showing me the ropes.'

Chris says he'll be focused on maintaining quality and providing the best possible financial results. Going forward, his role will be central to driving Li-Ve Tasmania's business strategy and business growth.

'I was attracted to Li-Ve Tasmania for three main reasons,' says Chris. 'Firstly, I love a challenge, and working for a disability service provider in the current NDIS environment certainly delivers in that department.'

'Secondly – and perhaps more importantly – working to support people living with disability is a fantastic opportunity for me to give back to the community and make a meaningful difference through my work,' says Chris.



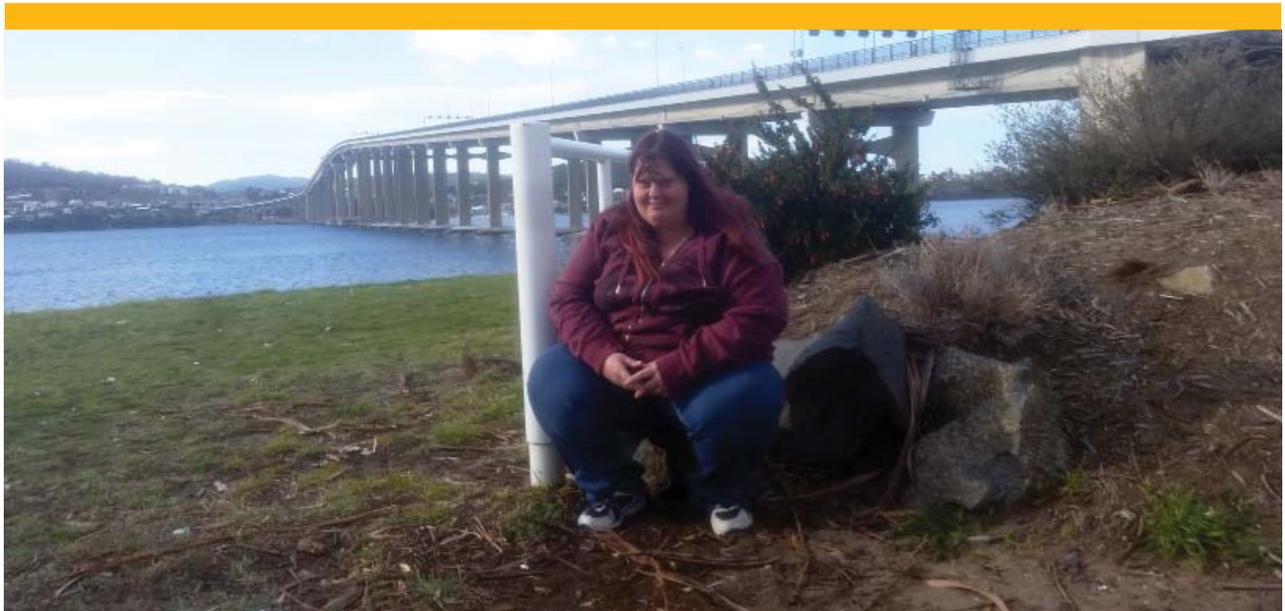
Chris Oddie, Chief Financial Officer



'Lastly, I admire Li-Ve Tasmania's standing as a premium service provider and the excellent reputation of the people who work here.'

At Li-Ve Tas, we've already noticed Chris' highly developed business analysis skills, commercial acumen, strategic planning capabilities and organisational skills.

We know he's going to be instrumental in shaping Li-Ve Tasmania as we move into the future.



Margaret near the Tasman Bridge



The latest NDIA report shows encouraging results for people living with disability, their families and carers. But there are still big challenges. The NDIS needs to be more consistent, timely, and simple to navigate. We need better communication channels. Also, we need to be clearer in areas where the NDIS and other service systems like health, justice and mental health meet.”

~ Nicole Cumine,
Manager Operations

The state of the state

The National Disability Insurance Scheme (NDIS) has released its April to June quarterly report for Tassie.

Close to half of Tasmanians who are eligible to receive a disability care plan now have access to the NDIS.

The report showed 4,416 are now part of the scheme with 411 new participants joining during the quarter.

Tassie stats

In this reporting period, the NDIA activated:

- ▶ 39% of plans in fewer than 30 days
- ▶ 62% within 90 days
- ▶ 13% took between 90 and 180 days.

The NDIA approved 443 plans approved over the three months.

Also:

- ▶ 72% of participants over 25 said the NDIS had given them more choice and control over their lives and the same percentage said it has helped them in their daily activities
- ▶ 49% said the NDIS had improved their health and wellbeing
- ▶ 17% said it had helped them find an appropriate job.

Further:

- ▶ 51% of families with a NDIS participant aged above 15 years believed it had led to more support for them
- ▶ 60% of these families said their access to services, programs and community activities improved.

At 30 June 2018, the NDIS supported 183,965 participants nationwide.

more Five steps for your NDIS prep

Last issue we looked at five things you can do right away to get ready for NDIS planning. We've come up with five more tips to help you get exactly what you want and need when the time comes.

1. Understand 'reasonable and necessary supports'

The NDIS is committed to funding reasonable and necessary supports. The supports must:

- ▶ relate directly to your disability
- ▶ represent value for money
- ▶ be likely to improve your health and independence
- ▶ take into account informal supports you receive.

2. Learn the NDIS price guide

Find this on the NDIS website. Your plan will include a separate budget for each support category. For example, a speech-generating device will fall into support category 0005, Assistive Technology. Therapy to improve social skills and family relationships will fall into support category 0011, Improved Relationships. Use these support categories to build your plan.

3. Gather info for your planning meeting

Take these things along:

- ▶ diagnostic reports
- ▶ recent assessments that show evidence of the support you need
- ▶ recommendations from service providers
- ▶ health assessments and medical reports
- ▶ your completed planning workbook
- ▶ your list of goals and the outcomes you want
- ▶ any literature supporting what you want to do.

4. Highlight social inclusion

The NDIS values social inclusion for people living with disability. Highlight the ways your NDIS funded supports will help you be successful in inclusive environments.

5. Don't accept a plan you aren't happy with

If the plan you're offered won't cover the cost of reasonable and necessary support, discuss it with your planner.

BONUS TIP

Remember, the hard work is worth it. The NDIS is designed so that you can receive the support you need to live your best possible life. Don't be afraid to research and advocate for what you need.

Melissa Moore



Want to maximise your NDIS funding?

Did you know Li-Ve Tasmania has an expert in-house NDIA coordinator of supports?

That's right! She can help you organise and put in place the supports you need – and ensure you make the most of your plan.

What are you waiting for? Get in touch and let's get started!

'Hello, my name is...'

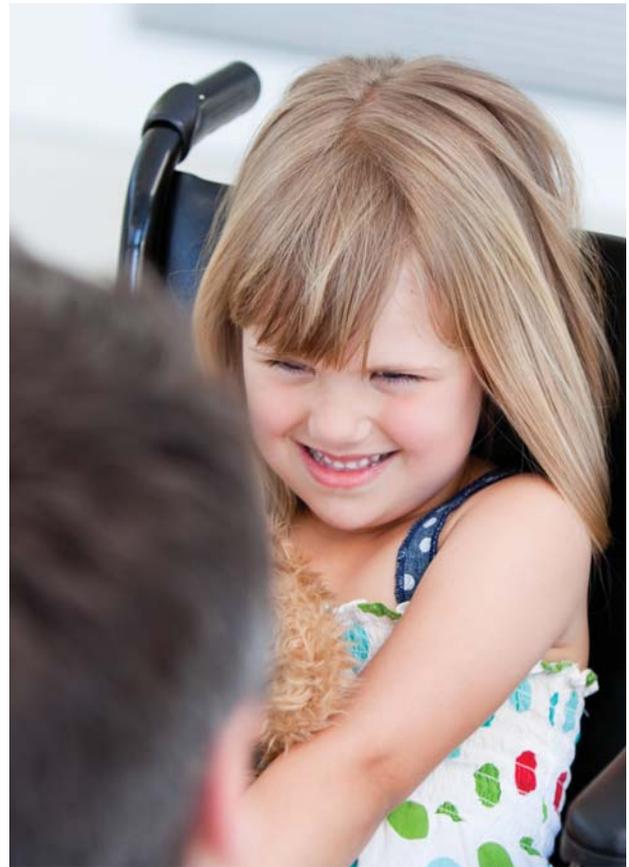
It's so much easier to ask questions when you know you who someone is and what they do. That's exactly why we're supporting the #hellomynameis campaign.

The campaign was started by Dr Kate Granger, a hospital consultant from Yorkshire with terminal cancer, who became frustrated with the number of staff who didn't introduce themselves to her when she was in hospital. The campaign encourages and reminds health and community workers about the importance of introductions.

But it's more than just wearing a name tag or telling someone what you do. It's about creating a friendly and supportive culture and environment.

The campaign has been in Tasmania now for the last 18 months and Li-Ve Tasmania is among more than 100 different organisations involved.

This campaign makes a big difference to the experiences of people, services and care providers.



>> For information and resources, contact Anna Holliday at aholliday@livet Tasmania.org

Have you liked us on Facebook?

Nearly 1,000 people follow Li-Ve Tasmania on Facebook. Why not join them?

Our Facey page is where you'll find out:

- ▶ when we're hiring
- ▶ if there's something new you should know
- ▶ what our participants have been doing
- ▶ when we have a new video or new photos
- ▶ if we have accommodation vacancies
- ▶ what our staff are up to
- ▶ when we're hosting or attending events and expos
- ▶ when we're in the news...

...and more!

>> Find us at: www.facebook.com/LiVeTassie



Recommend us!

Reckon we're the bees knees? While you're on Facebook (@LiVeTassie), click 'yes' to recommend us and let people know Li-Ve Tasmania is the place to go.

Huge thanks to RACT

A huge thank you to RACT for their generous donation to Li-Ve Tasmania of \$2,000. The gift was part of their Community Acts of Royalty program.

We used a chunk of the money to support Li-Ve Tasmania participants, Tash and Bianca, who needed a hand to set up their new home.

>> Check out the video of Tash and Bianca shopping for homewares, appliances and other items you and I take for granted in the news section of our website and on our Facebook page.



Tash enjoying her shopping trip.

Want to give to Li-Ve Tasmania?

You can donate electronically via our website at www.livetasmania.org

Donations are tax deductible.



Congratulations

Well done to Bill Bryan who changed his preference from snail mail to email before 30 June. He's been drawn as the winner of a \$100 Coles/Myer gift card.

HELP! Save trees – and \$\$\$

A paper newsletter is costly to print and post, so if you'd like to receive your next copy by email, let us know.

To update your preferences:

- ▶ email us at livingwell@livetasmania.org
- ▶ message us on Facebook – @LiVeTassie
- ▶ call us on (03) 6227 5400.

(Of course, you can unsubscribe this way, too.)





When you support someone who has more need than you do, it gets you out of your own head. Even doing something as simple as smiling shows you care, and helps you find a sense of purpose in your day – and in your life. Supporting people is a privilege.”

~ Paul Byrne
CEO

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Cover image: Rachael
by Kelly Skromanis