



Coronavirus or COVID-19 is a new illness



To keep you safe from COVID-19, there are new rules



Many places have to stay closed, like churches and cafes



The Li-Ve Tasmania offices in Hobart and Launceston are closed



You can still phone the Li-Ve Tasmania office and talk to staff



The Prime Minister said to:



- only have visitors when you have to



- only have one visitor at a time



- only go out with one other person



- only go out to exercise



- stay 1.5 metres away from other people – 1.5 metres is as long as a broom



- don't meet in groups



- stay away from sick people



- stay at home and call the COVID-19 hotline on 1800 020 080 if you think you might have COVID-19



- keep your hands and things you touch clean



You will need to stop most outings for a while



You can talk by phone or video instead of visiting



We will tell you if there will be changes



If you have questions about COVID-19, talk to your support worker