



About Li-Ve Tasmania

Li-Ve Tasmania provides genuine, quality person-centred support you can trust, every day. And we can prove it.

Whether you're learning to cook or relaxing on the couch, the last thing you need is to worry about whether you're getting the right support. Whatever your experience, we'll make sure you can focus on what's important.

Empowering people living with disability to live life their way in comfort and safety has been at the heart of the Li-Ve Tasmania brand for more than 60 years.

*Spend even a little
time with us and
you'll experience the
difference.*



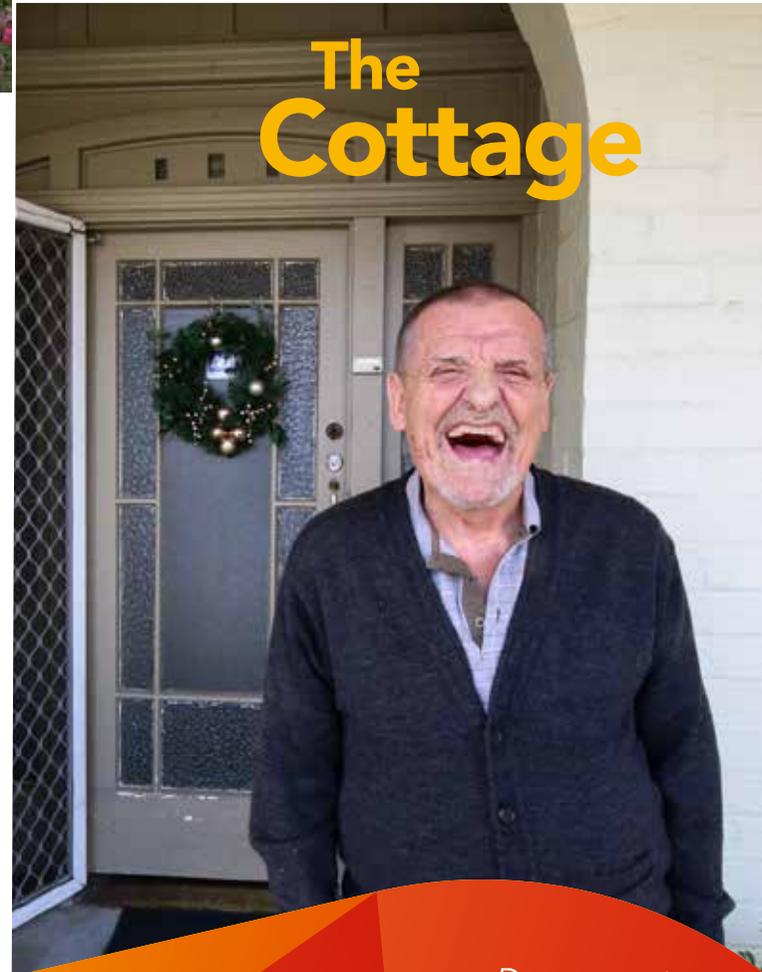
What next?

For more information or a tour of The Cottage, get in touch! We'd love to hear from you.

- ▶ 47 George Street, New Norfolk
- ▶ (03) 6261 3112
- ▶ contactus@livetasmania.org
- ▶ livetasmania.org



Li-Ve TASMANIA



Day support
for over-50s
living with disability!

Day support with a difference

The sound of lively conversation, the scent of home cooking, the taste of fresh walnuts, straight from the backyard tree...

You'll be greeted warmly when you step into the The Cottage, nestled in the Derwent Valley, 40 minutes from Hobart. The homey weatherboard is set amid lush lawns with established trees, a rose bed and the gardens where participants grow veggies and fruit for themselves and the local community. The atmosphere is purposeful but in a low-key way, as staff and participants come and go, enjoying a range of activities. The space feels safe, inviting and full of promise.

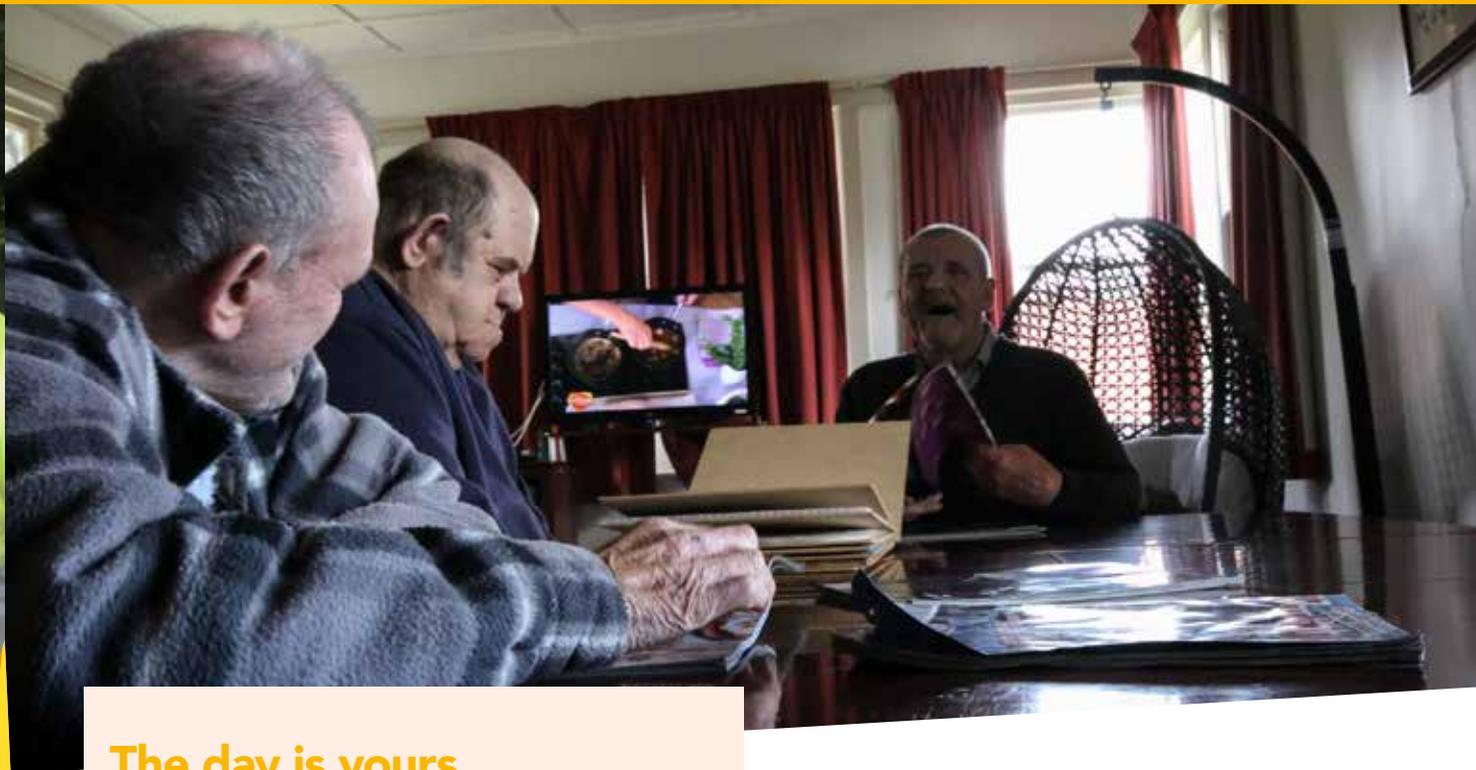
Interested?

Drop by and look around, make yourself a coffee in the cosy kitchen, sit in the sun under the walnut tree or pull up an armchair and have a chat.

This place really is something special.

Why choose The Cottage?

- ▶ Genuine, quality person-centred support, often one-on-one.
- ▶ Total flexibility.
- ▶ A unique, inviting cottage atmosphere.
- ▶ Strong community connections.



The day is yours

How you spend your day is totally up to you.

- ▶ If you wake up to a perfect beach day – let's go!
- ▶ Booked in for yoga but feeling a bit tired? No worries! You could curl up and read a book or watch telly, instead.
- ▶ Want a swim every Tuesday morning? No problem.

When you start to do something new, you may want a lot of support. As you get used to it and better at it, you might not need so much. We help you work towards your goals and step back as you feel ready to tackle things more independently.

Just some of your options

Surfing? A spa treatment? Seeing a band? We offer activities that interest our participants, so if there's something you like to do, just let us know and we'll do our best to tee something up.

- ▶ Visits to family and friends.
- ▶ Trips to the cinema, tenpin bowling, the museum, parks, attractions and cafés.
- ▶ Fresh and saltwater fishing.
- ▶ Support with attending community functions, funerals and other events.
- ▶ Access to the TOTE.
- ▶ Making wood projects at a Men's Shed.
- ▶ Paying respects to loved ones at cemeteries.
- ▶ Enjoying sports at the PCYC.
- ▶ Enjoying barbeques around Hobart.